Our mission is to get drug and alcohol addiction sufferers well.



## ABOUT US

We're working to solve addiction in Sioux Falls. We're dedicated to saving lives and eliminating the tremendous social, human and economic costs of this disease in our community.

At our core, we're a wellness provider, offering free addiction management services to help individuals and families stay well from the chronic disease of addiction.

We serve as the community's public face and voice for addiction wellness.

And we enlist employers, health care and other key stakeholders to eliminate barriers that keep people from getting well and staying well.







### GET HELP

If you or a loved one have an alcohol or drug problem, we can help.

Drop in or make an appointment with a trained peer recovery coach.







5020 S Tennis Lane, #4 Sioux Falls SD 57108 (One block east of 57th and Louise)

#### **HOURS**

Mon-Thurs: 9am – 7pm Friday: 9am – 5pm Saturday: 9am – 1pm

info@faceitsiouxfalls.org (605) 274-2262 1-855-4FACEIT (toll free) faceitsiouxfalls.org Don't face drug or alcohol problems alone.

We're here to help.



# Addiction Management Support Services

We can help you or a loved one get well. We provide free, confidential support services delivered by trained peers in recovery.

#### **Recovery Coaching**

Our coaches provide individuals and family members affected by addiction with informal, personalized support over an extended period of time. We help our clients overcome barriers to addiction wellness and build up their "recovery capital" – the internal and external resources that play a major role in keeping people well.

Coaches use their training and experience to provide structure, hold clients accountable to the goals they set, and act as advocates.

#### **Telephone Recovery Support**

We provide free telephone recovery support to help people stay well from addiction. Our trained volunteers in recovery make weekly telephone calls to individuals at any stage of the wellness process.

The calls are an opportunity to check in, identify any issues and connect clients to resources to keep them well and prevent a reoccurrence of symptoms. Clients are enrolled for an initial 12-week program but can continue receiving calls as long as they wish.

#### **Clearinghouse & Navigation**

We serve as the hub for the Sioux Falls recovery community, connecting people and families to treatment information, resources and services to help initiate, foster and sustain long-term wellness from addiction.

We answer questions, provide information about and link clients to a wide range of resources related to recovery, including treatment options and availability, housing, transportation, employment issues, health care, employment support and peer recovery support groups.

Learn more at faceitsiouxfalls.org

## Awareness & Education

We're working to shatter stigma, shame, fear and other barriers that get in the way of wellness for too many in our community.

Our awareness program is designed to dispel myths and educate the community that addiction is a treatable, chronic disease. The program includes advertising, social media, community outreach and events to share stories of addiction survivors and inspire more people to get help.

We also offer presentations, trained speakers and educational materials for a variety of audiences.

Visit **faceitsiouxfalls.org** to learn more about addiction.



Our services are available to anyone and free of charge.

# Guiding Principles

- Addiction is a treatable, chronic disease.
- Eliminating stigma and shame will lead more people to get help.
- There are many pathways to recovery and addiction wellness.
- Sustained wellness from addiction strengthens families and the community.
- We treat those we serve with dignity and respect.



### Get Involved

Help support addiction wellness in our community.

**Volunteer.** People from all backgrounds share their time and experience and are the backbone of everything we do.

Enlist your employer, service or faith group. Plan an educational event, bring in a guest speaker or learn more about our Employer Initiative, designed to help build addiction wellness in the workplace.

**Spread the word.** Share your own survivor story, our mission and our work with others in the community. Visit **faceitsiouxfalls.org** to sign up for our newsletter.

**Invest.** Your financial support helps us in many ways, including continuing to provide free services to anyone who needs them.

